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#### A VERY HAPPY NEW YEAR TO ALL OUR READERS

No. 104

January 2015

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# Paralympian athlete inspires sporting leadership at Oasis

As part of a Sky Sports initiative 'Living for Sport', students at Oasis Academy Coulsdon will get the opportunity to take part in a programme to develop sports leaders, and have been assigned Team GB Paratympic Wheelchair Rugby Captain Steve Brown as their mentor for the project. Steve

launched the project on Friday 28th November when he spent the afternoon with the students at the Academy, giving an inspirational talk drawing on his own experiences and enjoying a mini rugby session followed by lunch together.

GCSE PE students from Year 9

are taking part, with a focus on building confidence, leadership, communication skills and team work with young people who may not otherwise get this sort of opportunity. Students involved commented after their afternoon with Steve that they thought he was: "Really inspiring and a fantastic role model". They also said they thought the project is: "A great opportunity to grow as individuals and we are really



Oasis Academy Coulsdon students with Paralympian athlete, Steve Brown during his recent visit.

excited about the year ahead". By the end of the scheme the students will organise and host a primary school sports day with up to ten local primary schools.

Andy Brown, Oasis Academy Principal, said: "This is a fantastic project and will benefit not only the students taking part, but also the local community. I am extremely proud that our students will be taking part in this initiative and share their enthusiasm for developing this programme with the mentoring of one of the country's top athletes".









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#### **MP** supports **Whyteleafe** Road development protestors

On Saturday 6th December, Sam Gyimah MP joined a group of local residents in Portley Ward, Caterham-onthe-Hill, to voice concerns about further development in the area, following approval of a controversial planning application by Village Develop-ments on Whyteleafe Road. The East Surrey MP came at the request of Clive Manley, organiser of the Portley Residents Alliance.

The gathering followed the Planning Inspectorate's approval of the development, which will allow one house and three gardens to be converted into 13 houses. The group of residents are concerned that the decision will reduce the ability of the local community and Tandridge District Council to resist inappropriate development, and be used as a precedent to support future applications.

Sam Gyimah MP said: "Residents in Portley and across Caterham are rightly concerned about the proposed development on Whyteleafe Road, and the negative precedent set by the Planning Inspector's decision.

"Having made the concerns of the community clear to the Inspectorate, this is a disappointing result, but rest assured I will continue to fully support residents in their fight against further developments that would threaten

the Greenbelt and the character of our area. No-one can deny that we need new houses to be built, but developments should be part of a balanced and strategic approach that takes account of the pressure placed on local infrastructure including roads, schools and hospitals. It must be driven by the needs of the community, not the interests of developers."

Clive Manley of the Portley Residents Alliance said: "Over the last 20 years, Caterhamon-the-Hill has seen a 34%

increase in the number of houses, with the construction of large new developments and a host of infills. Residents rightly feel that they have taken more than their fair share. That is why Portlev Residents Alliance and I will work to protect our area from any further developments that are inappropriate to the needs of our community, and I am very pleased that we have the support of our local MP."

Nigel Greenhalgh of Village Developments said: "This is just the predictable response of the local MP playing to the gallery of local residents. The development will, like so many others of a similar type in the district, cause no significant harm and as with so many of our developments, most residents acknowledge afterwards that their original perception of harm was entirely misplaced. Local councillors wasted an enormous amount of council time on the two developments on the opposite side of Whyteleafe Road that replaced unattractive properties with new development.

The new development will not be on Greenbelt land. The council had designated the land we are using and the remaining eight acres as reserved housing land, designation they removed without any influence from ourselves that resulted in the council having to pay a significant amount of money towards our appeal costs. I understand another firm of developers has the option and no doubt sooner or later will build 100 plus houses on that land, that has nothing whatsoever to do with ourselves. The irony is that had the council accepted our proposal instead of this enormous waste of resources, the reserve housing land may still have been protected.'

A letter from the owner of the house being demolished to make way for the new development is on page 15.



Sam Gyimah MP with the group of protestors in



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# INDEPENDENT

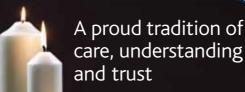
The Caterham and District Independent The Officers' Mess Coldstream Road Caterham CR3 5QX.

Editor: Julia Church Tel: 01883 346641

E-mail: Editor@caterham -independent.co.uk www.caterham-independent.co.uk

Circulation: 22,000

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#### Residents flock to meeting about controversial plans for Warlingham Green

On Wednesday 26th November almost 400 people turned up at a meeting at Warlingham Rugby Club to make their feelings known about proposals to restructure Warlingham Green.

The meeting, organised by a group of concerned residents calling themselves the Warlingham Home Guard, was aimed at informing local people about the plans being put forward by Warlingham Parish Council ('WPC').

These plans include introducing two-way traffic around the Green, a 'shared space' feature and a number of other significant changes. The WPC has already spent more than £15,000 on developing proposals.

The vast majority of those attending the meeting said that they did not want to see two-way traffic introduced and many accused the Parish Council of a lack of transparency over the



The packed meeting in Warlingham Rugby Club.

proposals. One parish councillor attended the meeting.

Louise Keith, spokesperson for the Warlingham Home Guard, said: "We were absolutely delighted with the turnout. One person who left Warlingham 20 years ago is so passionate about the Green that she travelled up from Devon just to attend!

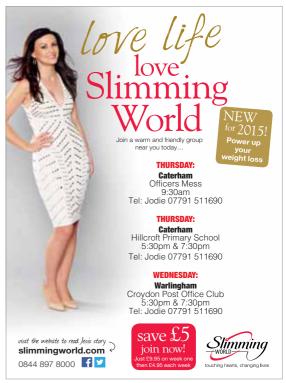
"It was clear from people's comments that the majority of Warlingham people would not support the WPC's proposals as they stand. We don't want to create an 'us and them' situation but it is important that the WPC understands the depth of feeling that residents have about the future of the Green. It is an integral part of our lives in the village, so

everyone should have a say about what happens to it." In a statement, the WPC said: "The plans for Warlingham Green are an ongoing piece of work and there has already been a significant level of public consultation and there will be a public vote on any final proposal before being taken forward to the relevant authorities.

"WPC has been open about the project from the beginning and continues to address issues that have been raised by the public. We are aware of a self-appointed oposition group who are unwilling to wait for the final proposal. They have not formally engaged with WPC, so their actual position and motivations are unclear."

The public is welcome to attend scheduled WPC meetings, which are held in Warlingham Community Library on the first Wednesday of the month.

A 15 minute period from 7.30pm is available for the public to raise any questions. Questions can also be raised at other times via the clerk (clerk@warlinghampc.org.uk)





**Tandridge**Trust

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Tandridge Leisure Centre, 01883 716 717



### **CALLING LOCAL BUSINESSES!**

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#### Santas run to give the gift of free hospice care

On Sunday, 23rd November more than 100 local people took on the Caterham Santa Run in Queen's Park, Caterham-on-the-Hill to raise money for St. Catherine's Hospice.

Families, friends, seasoned sprinters and casual runners ooking for a different kind of challenge, all donned Santa suits to race around the three kilometre route. Runners raised money and awareness for St. Catherine's Hospice, a charity which provides free end of life care for people in Caterham and across Sussex and Surrev.

Louise Brown. Events Fundraiser at St. Catherine's Hospice, said: "We couldn't be happier with this year's Santa Run. It will cost £180,000 for St. Catherine's Hospice to provide free, vital hospice care for local people when they need it most. Having over



Sam Gyimah MP gets ready to start the Santa Run in a very wet Queen's Park! Photo by www.localeventphotos.co.uk

Oueen's Park with the aim of helping the charity is fantastic and it will be a huge help in raising the money that we need."

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Bob Toon, Managing Director of Gatwick Group, sponsors of the St. Catherine's Hospice Santa Runs, said: "Many of our staff have had personal experience of the incredibly important work that the hospice does and we have sponsored the Santa Runs for two years now. The number of people who join in to show their support and help raise

100 Santas join us at important funds is truly inspiring. That's not to mention what an impressive sight it is to see so many Santas running around the courses by themselves or with friends or family! It's an honour to continue supporting St. Catherine's Hospice through sponsoring these events. We couldn't be happier that this source of income is growing, with the addition of the new Santa Run venue at the K2 Leisure Centre in Crawley". For more information about the work of St. Catherine's Hospice, visit www.stch.org.uk

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### Register now for the Rotary **Bunny Fun Run**

2015! by Richard York, Caterham Rotary Club

It is the morning the clocks go forward but we are still starting the eighth Bunny Run at 10am for the 1k. Have some exercise; maybe join in with some friends and raise some money for charity then reward yourself with an Easter egg on Sunday 29th March in Queen's Park, Caterham. The Rotary Club of Caterham is holding the Easter Bunny Fun Run with a 1k Fun Run starting at 10am and a 5k Race starting at 10.30am. Runners/walkers may choose to raise money for their own charity or for Rotary charities. Every finisher is given an Easter egg with the prize winning best dressed bunnies and fastest runners getting larger eggs.

We encourage charities to put together their own teams to take part in the race and raise funds. In previous years group teams

have raised about £2,000 each, having great fun doing it. Usually many competitors in the 1k and some in the 5k dress up in a wide variety of bunny outfits!

Last year saw over 500 participants enjoy excellent weather and a party atmosphere in Queen's Park. Come and join us in 2015 and help increase the £17,500 donated to charity so far.

The 1k Run is in the park and along Wood Lane, with no roads to cross and marshals at each turn. The 5k Race is over an undulating course of grass, pathway and track through Chaldon and Caterham on the Hill and while the last competitors have been known to come in hand in hand munching biscuits after well over an hour, the course record is 17 minutes 19 seconds. Can you beat it?

The Chair of Tandridge Dis-Council, Elizabeth trict Parker, will be attending to start the runs and present the prizes.

A registration form and fee is required for each runner. The registration fee (non refundable) is £6 for the 5k Race and £3 for the 1k Run.



Last year this group of bunnies ran to raise awareness of Progressive Supranuclear Palsy (PSP).

This is the first increase in entry fee since the event started eight years ago. Registration taken out on the day is double the preregistration cost. Registration reserves a place at the start of the race and the finisher's egg. Enter online or request forms via our website www.rotaryruns.co.uk, by email request to rotaryruns@gmail.com, post from 'Rotary Runs', 11a Queens Park Road, Caterham, CR3 5RB, or by tele-

during business hours from The Caterham and District Independent on 01883 346641.

Caterham Rotary is very pleased to have the support of local sponsors who help keep our costs to an absolute minimum: The Caterham and

District Independent, CATAX Ltd, Ross Cycles, Surrey National Golf Club, The Vet on the Hill, North Downs Hospital and BCL Systems.

To learn more about Caterham Rotary Club and our charity work visit www.caterhamrotary.org.uk.





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C	contact Tel No:e-mail:	I will not compete in a run unless I am fit enough to complete it. I am taking part at my own risk, and the promoters or any person involved with the organisation of the event are not responsible for my well-being.
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# Coulsdon Yulefest 2015

The future of the Coulsdon of Coulsdon Yulefest, Chris Yulefest looks set to be secured after the success of the second annual event on Saturday 6th and Sunday and in terms of the attendance and attractions we 7th December.

The event was bigger this year with an open air ice rink amongst the list of added attractions. Stalls selling crafts, hot food and drink and Christmas goodies lined the Brighton Road and there were fairground rides and a visit from Santa for the children. There was also an excellent line-up of live music being performed on the temporary stage throughout the weekend and most shops stayed open for the visitors.

Thanks to Croydon Council giving the organisers permission to close the Brighton Road for the Fayre, attendance was up on last year and feedback has been very positive.

One of the main organisers

Thairs, said after the event: "It went really, really well dance and attractions we put on, we certainly exceeded what we thought we could do and the feedback is that it was a lot better than last year. Yulefest made a loss when we held the first one last December, but this year we made a small profit and it looks like we can sustain it for years to come. All we need now is for sponsors to come forward to help meet the cost."

The organisers have decided that Yulefest will be held at the same time each year, the first weekend in December, so that people can put the date in their diaries in advance.

Anyone interested in sponsoring next year's Coulsdon Yulefest can contact the organisers by e-mailing info@yulefest.co.uk



Youngsters having fun on the open air ice rink.



From left: Gill Hickson, Lene Fulbrook and Hanah Price-Harries on the Coulsdon Playscheme stand.







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# Soper Hall to host its first ever Wedding Fayre

On Saturday 31st January, the Soper Hall in Harestone Valley Road, Caterham Valley, will be launching as a wedding venue at the first ever Wedding Fayre to be held there.

The new Board of Directors for the Soper Hall are keen to highlight the venue's individuality and flexibility with regards to hosting not just weddings, but all kinds of events. Wedding planner for the Soper Hall, Abigail Pedrick of BessieJones Bespoke Event Planners, said: "This beautiful building is situated right in the heart of Caterham but it is often overlooked as a potential event venue. It is surrounded by businesses that will benefit from the high spec events we envisage being held at the Hall at a competitive price. It is steeped in history and with two halls for hire and the capacity to hold up to 100 quests for a sit down meal, it is a great location for brides who are on a budget, but don't want to scrimp on grandeur."

The Wedding Fayre will feature over 20 stalls, a fashion show



The Soper Hall, Caterham.

highlighting the latest in bridal trends from Helena Fortley and a free goody bag and glass of bubbles for the first 100 brides. There will also be a chance to win a full wedding planning package worth up to £2,000 and anyone who books the Soper Hall on the day, will receive an exclusive discount of 10% on the total hire budget.

For more information about booking the Soper Hall for an event visit www.soperhall.org.uk







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#### **Caterham School Student Wins Gold for Great Britain in Brazilian Paralympic National Schools Championships**

On Wednesday 26th November, 16-year-old Cater-ham School student, Melissa Berry won gold for Great Britain in the T13 1500 metres race at the Par-alimpiadas Escolares 2014 held in Sao Paulo, Brazil. Melissa, from Caterham, had to produce an amazing sprint as, with 120 metres to go, she was 40 metres behind the leader but she stormed through to finish with a time of 5.31.04.

Overall, Team GB had a very good day winning nine golds, two silvers and one bronze medal.

Caterham School Director of Sport, Rob Clarke, said: "Competing in a significant sporting event like the Brazilian School Olympics, against quality international competition, is an amazing and unique opportunity for the vouna athletes. Melissa has high hopes of



Melissa Berry on the podium at the National Schools Championships in Brazil.

representing GB at the 2016 Paralympics in Rio and this gave her the chance to experience how it might feel to be part of an event such as the Olympic Games. I am really thrilled for her. This is a great achievement.

### **Ninehams** Gardens to be redeveloped

Tandridge District Council, in partnership with Durkan and Circle Housing Mole Valley, has agreed the £7 million redevelopment of 1-20 Ninehams Gardens, Caterham on the Hill. The properties were built in 1946 and are in need of substantial repair. Structural surveys have shown a comprehensive redevelopment scheme is the most cost effective option.

The Council owns the freehold to the land, with 12 of the 20 two bedroom flats owned by leaseholders who bought through Right to Buy. The other 8 properties are currently used by the Council for temporary accommodation.

The proposed new homes will be a mixture of affordable rent and shared ownership and will be owned and managed by Circle Housing Mole Valley. A legal agreement is in place to ensure the new homes will be available to people on the Council's housing register.

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# Could you become a foster carer?

By Kath Lyall

The number of children coming into care has been increasing every year, but there are not enough foster carers able to give them a safe home. A child comes into care and needs a foster home every 22 minutes in the UK, so more foster families are needed urgently to provide a warm and loving environment to vulnerable children in the community.

Some children need a safe place to stay for only a few nights, whilst others might stay in long-term foster care until they are grown up. It is important that children who require care have foster carers who can meet their needs, so foster children are matched very closely with carers to help ensure that the placement will be successful.

#### Could you make a difference and become a foster carer?

- You may be married, live as a couple, be single or divorced
- You may be gay or heterosexual
- You may be from any ethnic background, culture or religion
- · You may be employed, unemployed or early retired
- You may be a home owner or a tenant
- You do not need any formal qualifications to become a foster carer

What you will need is a spare bedroom for the exclusive use of the foster child, patience and flexibility, and the time and energy to invest in a child or young person.

#### Sophie's story:

My name is Sophie. I am 42 years of age and a single parent to one daughter, aged 22. I have been a foster carer for eleven years and have been with my current agency for five years now. I became a foster carer because I wanted to make a difference and support vulnerable children; I felt as a parent I was naturally equipped with motherhood, so caring for less privileged children came as second nature.

#### 'For me, the best part was knowing that I could make a positive impact in the children's lives and help them change things for the better'

My first foster child stayed with me for only a short time, but the trust and love that developed between us remains today. She still visits regularly as a part of our family, now with a child of her own! I then became a long-term foster carer to three brothers, Christopher (11), David (10) and Billy (7). All of the boys are now grown up and living independent lives.

I cannot say it was always easy – there were many difficult times – but perseverance, persistence and patience became rewarding. For me, the best part was knowing that I could make a positive impact in the children's lives and help them change things for the better. Seeing the children grow into independent and intelligent individuals has brought me satisfaction and helped me to become a better person.

All of this would not have been possible had it not been for the support network around me – my family and friends, and my supervising social worker, Cathy. Her wealth of knowledge and professionalism has helped me enormously. I recently completed 5 years of service with the National Fostering Agency and was presented with an award at a ceremony in London! I would like to thank my agency for their support, and express my gratitude to all those carers who take the time to make a difference.

#### Ben's story:

I was brought up in care and I moved away from my family when I was 10 years old. I didn't have a great time to start off with; I moved a lot and also changed schools, which was pretty rubbish at the time. When I was 13, I moved in with some foster carers that I really liked! They listened to what I had to say and really cared about me. I was at a new school with loads of new friends, and I really wanted to stay.

After a few years at school I got my GCSEs and they were really important to me, as I wanted to get into college and study for my A-Levels. I now have my A-Levels under my belt and I'm looking to go to university soon.



I really like to exercise and
I'm always out and about – running, swimming and going to the gym. I love
boxing and do it at least four times a week; it's great exercise. When I'm not
exercising or working you will find me in the living room playing FIFA or
Call of Duty with my foster brother... and he always beats me!



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### The Plodding Posties' Cleveland Way **Charity Walk 2015**

Raising money for Alzheimer's Society and Console

Over five days in September 2015, The Plodding Posties, a team of postmen from the Royal Mail delivery office in Caterham and a Royal Mail manager, will be undertaking their third long distance National Trail (www.nationaltrail.co.uk) walk in aid of charity. With the support of their generous sponsors they have so far raised £20,000 from their previous walks. This time, they will be walking the full 110 miles of the Cleveland Way and 15 miles of the Yorkshire Wolds Way, in aid of Alzheimer's Society (www.alzheimers.org.uk) and Console (www.consolecounselling.co.uk). Alzheimer's Society support carers and sufferers of all kinds of dementia. David Simmonds is walking in memory of his motherin-law Jean, who suffered from Alzheimer's disease in her latter years.



From left: Paul Jackson, David Simmonds, Michael Lane and David Warren.

Console support people in cally took his own life in suicidal crisis and those bereaved by suicide, through professional counselling, support and helpline serv-

Paul Jackson is walking in memory of his younger brother Robin, who tragi-

September 2013. The other team members are Michael Lane, David Warren and Philip Ockham.

To make a donation for one or both of the charities visit www.justgiving.com/teams /ThePloddingPosties.





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# The Cochin

CUISINE FROM SPICE GARDEN OF INDIA

Kerala Restaurant

# 01883 819317

#### Successful Hemel Hempstead restaurant 'The Cochin' has opened another restaurant in Caterham Valley.

The Cochin cuisine has a multitude of both vegetarian and non-vegetarian dishes prepared using fish, poultry and red meat. We specialise in cuisine from the south of India (Kerala) which is known as the 'Land of Spices".

Traditionally in Kerala food is served on a banana leaf and almost every dish prepared in Kerala has a unique combination of spices to enhance the flavour of locally-sourced food. This gives it a sharp pungency that is heightened with the use of tamarind, while coconut gives it its richness, absorbing some of the tongue-teasing, pepper-hot flavours!

The unusual cuisine of Kerala brings to the fore the culinary expertise of its local inhabitants. Producing some of the tastiest foods on earth, the people of Kerala are gourmets with a difference creating dishes that are fresh and aromatic. Keralites are mostly fish-and-rice eating people and their cuisine is a combination of vegetables, meats and seafood, flavoured with a variety of spices

Seafood is the main diet of coastal Kerala, whereas vegetables are the main diet in the plains of Kerala and meat is the main course among tribal and northern Kerala. The land and the food are rich with coconut, though one can't imagine Kerala food without spices, curry leaves, mustard seeds, tamarind and asafoetida

The Cochin team put to good use local, seasonal food and the result is a marvelous cuisine that is simple yet palate tickling. The Cochin restaurant in Hemel Hempstead, and the new restaurant in Caterham are both operated by a team of staff from South India. The Cochin menu has a good selection of meat, chicken, fish and vegetarian options with their own unique taste. The chef is happy to prepare the dishes as per the customer's taste with regard to the chilli element without any compromise on the flavours created by a unique blend of spices. All the dishes are prepared using chillis to produce mild to medium spiciness and we are happy to make any dish to suit your 'spicy' preference!

### Some of the excellent testimonials for our Hemel Hempstead restaurant to be found on

Perfect food, attentive but not overbearing staff. I have never been to southern India, so can't be sure, but the dishes felt much less westernised than your typical "authentic" Indian food.

Awesome southern Indian curries. Not one for those wanting your run-of-the-mill curry! Highly recom-

mended.

The food was amazing. I ordered a Dosa (Indian pancake made of lentils and rice) and it was delicious. Of course this restaurant caters for vegetarians as well as us meat eaters and the service was great, very friendly and the staff love children so their little boy was well looked after.



Please come and visit us soon at 20 Godstone Road, Caterham CR3 6RA. To book a table call 01883 819317





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### **Eating Out**

#### The Curry Leaf -Highly Commended in the Asian Curry Awards 2014

by Julia Church

The popular Old Coulsdon Indian and Bangladeshi restaurant, The Curry Leaf has been awarded Highly Commended in the Best South Asian Restaurant in the London Suburbs category in the Asian Curry Awards 2014.

It has been a great end to the year for restaurant owner Ali and his team, who are very proud of their well-deserved award.

When my friend Roger and I dined there recently, it was the start of the Christmas party season and the restaurant was looking and feeling very festive. For starters I selected the Garlic Mushroom Chatt which came with a salad. It had just the right amount of chilli in to make the food nice and spicy without being too hot.

Roger chose the Meat Samosas and when he sliced



Ali (centre) with Ruman (left) and Sami and their award.

one of the two large Samosas open, he was pleased to find it was packed with meat instead of being a mixture of meat with lots of vegetables.

01883 346641

For my main, vegetarian course I chose the Special Sizzler Mixed Vegetable, which was brought sizzling to the table. It consisted of a lovely selection of vegetables including peppers, carrots, aubergine, onions and potato mixed with fragrant spices and a light sauce and flambeed with cognac.

Roger chose another nice meaty dish, the Shank of

Lamb that had been slowly braised in ginger and garlic, resulting in the meat falling easily off the bone.

We shared a Sag Paneer (spinach and cream), a garlic naan and a pilau rice and there was plenty of food for the two of us. The service was prompt and courteous throughout the meal.

If you want to try The Curry Leaf why not get along to their Sunday Buffet, when they serve a starter, main course, side dish and rice or naan for just £13.50 per head, representing excellent value!

19 Godstone Road, Caterham Surrey CR3 6RE Tel: 01883 349877



#### Readers' Letters

#### Whyteleafe Road Development

A National Planning Inspectorate inquiry has approved a development at my home on Whyteleafe Road, an approval long withheld by Tandridge Planning Committee. As one of the very few people who actually attended the whole seven day inquiry I think it is a shame more Tandridge residents did not. Anyone who did would have had no doubts as to why the inspector made the logical decision he did, contrary to the various opinions but very different mo-tives of Tandridge District Council (TDC), its Planning Committee of local Tory and Lib-Dem councillors, our local Tory MP, various Residents Associations scattered throughout Tandridge with no apparent direct relevance to the development in question, and local objectors.

During the inquiry, other interesting questions emerged including:

Why has a development of 13 properties, the largest only a single three-bedroom detached, suitable for young house buyers, and incorporating land already long reserved for housing by

Tandridge, attracted such opposition when other local sites seemingly did not? Especially as the development was exhaustively designed to meet all local objections? Why do local councillors blame the developer for creating shortage of local services in Caterham, when they should champion the upgrade of such services and ensure Caterham, and not 'no development' Oxted, benefits from increased local council tax collection?

Does having 94% Greenbelt in Tandridge (more than any other UK district council), much of which would not be classed as Greenbelt elsewhere, simply cause shortage of housing land supply and force pressure on the remaining 6%?

Why are local councillors, including our Tory MP, so opposed to local housing development contrary to national directives to counter an acute housing shortage? Whose votes are they pursuing? Certainly not young househunters in what was recently classed asthe fifth most unaffordable housing area in the UK.

Mark Lewis, Whyteleafe Road, Caterham-on-the-Hill.

The full versoin of Mark's letter can be read at http://bit.ly/1xAR86M

#### Debbie and Jacky pay a visit to Coombe Dingle

On Monday 8th December, Debbie Fox and Jacky Hughes from Caterham and District Horticultural Society paid a visit to Coombe Dingle Nursing Home in Caterham to show the residents how to make simple arrangements.

They used everyday items from the home and garden. Herbs such as sage and rosemary evoked residents' memories and provided a scented backdrop for miniature baubles and decorated pine cones.



Debbie Fox (left) and Jacky Hughes with the completed arrangements.



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NON-SURGICAL COSMETIC

#### Enjoy a relaxing Signature Facial at Cosmedics

#### Review by Julia Church

A brand new salon has opened in Woldingham, which offers a range of both cosmetic and medical treatments including Facial treatments and Semi-Permanent Make Up. I enjoyed a thoroughly relaxing Image Signature Facial there with Beauty Therapist, Kathryn, recently. Parking was easy as there are plenty of free parking bays in The Crescent to serve shoppers.

The treatment started with a total cleanse of my skin with anti-aging cleanser followed by a deeper clean with cell cleanser that takes away impurities and removes dead skin and any trace of make-up still on the skin

Kathryn then applied the first mask of the treatment, an anti-aging mask with Retinol with Vitamin C drops which had a refreshing menthol smell. This was followed by a gorgeous Vital C hydrating enzyme mask that smelt of orange blossom.

Following the masks, Kathryn gently massaged my face using the Vital C anti-aging serum, and by now my face was definitely beginning to feel a youthful glow!

Kathryn then carefully applied a cool hydrating eye gel around my eye sockets. She then moved on to my lips where she applied an Avocado



Beauty Therapist Kathryn applying the face mask during my facial treatment at Cosmedics.

Oil balancing lip enhancement to help combat the negative effects of the cold and windy weather - winter is not a good tme for skin, especially delicate lips.

The final luxurious touch was the moisturising of my face with Prevention Daily Moisturiser with SPF 32. Other Facials available at Cosmedics include Clear Cell Acne Facials for teens and adults and a special 02 Lift Red Carpet Facial, which is popular amongst celebrities who have the facial immediately before going out for the night.

Cosmedics also offers Medical Micropigmentation to conceal scars caused by burns, skin grafts, acne and stretch marks. For more information call Cosmedics on 01883 652106.



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#### What's On

#### Airport Aviation and Military Collectors Fair

The Croydon Airport Aviation and Military Collectors Fair is being held on Sunday 4th January 2015 at the former Aerodrome Hotel, next door to Airport House, now the Hallmark Hotel, Purley Way, Croydon, Surrey CR9 41T

There will be collectables for book and model collectors, airline collectables, plastic kits, etc.

The original Croydon Airport Control Tower will be open for visits.

Doors open at 10.30am. £3 entry. Children under 12 free. Free car parking.

#### **RSPB Talk**

At 8pm on Wednesday 14th January, East Surrey RSPB is hosting a talk entitled 'The Jewel Hunter' by Chris Goodie in the White Hart Barn, Godstone. The talk is about Chris's daring quest to see all the potassium of the world (32) in one calendar year. Did he succeed? There will be refreshments at half time when RSPB goods and bird food will be on sale. The entrance fee is

# New members wanted for Caterham W.I.

2015 sees the launch of the Caterham branch of the Women's Institute on Tuesday, 20th January from 7.30pm-8.30pm in the Soper Hall, Harestone Valley Road, Caterham Valley.

Caterham resident, Abigail Pendrick, has started the group and is looking for new members to support the launch and get involved in local events and campaigns. Abigail said: "I am launching the group because I was

£3 for adults and £1 for children. All, including non-members of the RSPB, are welcome.

For more information visit: http://www.eastsurreyr-spb.co.uk/

#### Quiz Night

On Friday 16th January at 7.45pm a Fun Quiz Night is being held in aid of Chaldon Church in Chaldon Village Hall, Rook Lane. Teams of up to eight; bring your own drinks, glasses and nibbles. Tickets £5 in advance from Janet Payne, telephone 01883 330785.

looking for a group within which I could be completely myself, not just 'mum, wife, business owner'!

"I want to get more involved in the community and bring people together from all walks of life to experience new and interesting things." The meetings will take place on the third Tuesday of the month and are being held in the evening to allow for those who work full time and mums who can arrange childcare for

Abigail said: "We are hoping to show a new light on the W.I., with activities ranging

the evening.

from cocktail making to theatre trips, taking part in local campaigns to nights out. We want this to be an opportunity for like-minded people to get together, try something new and have a lot of fun in the process! We hope our first meeting on 20th January will set the tone for our fun and adventurous new social club."

Anyone planning to attend the first meeting are requested to e-mail Abigail at abigail.pendrick@bessiejonesespoke.com to give her an idea of the numbers that wiil be attending the launch.



From left: Abigail Pendrick, Jessica Turk and Susanna Bootle at the W.I. stall at the Soper Hall Christmas Fayre.

# QUICK QUIZ

#### by Alec Herbert

### Five for Fun - Pick the right one.

- 1. Hugh Laurie, comedian, pianist, film and TV star and former comedy partner of Stephen Fry, rowed in the Boat Race for which university?
- 2. Following the break up of Oasis, which of the Gallagher brothers set up the group Beady Eye?
- 3. Which of Henry VIII's wives is buried beside him at Windsor?
- 4. Former England netball captain, Tracy Neville, is the twin sister of which former professional footballer?
- 5. Which of the Brontè sisters published only one successful book?

#### Answers:

1. Cambridge; 2. Liam Gallagher; 3. Jane Seymour; 4. Philip Neville; 5. Emily (Wuthering Heights).





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Clearance Team.

#### **League of Friends Christmas Draw**

The League of Friends of Caterham Dene Hospital made a profit of £700 in their Christmas Draw, which took place on Thursday 11th December.

The first prize of £300 was won by S. Miller, the second prize of £200 was won by Mrs I. Bailey and the third prize of £100 was won by V. Bloom. The money raised will go towards purchasing equipment

for the hospital that will benefit the patients.

League of Friends Committee member, Ken Rawson, said: "On behalf of the committee we would like to thank everybody for their continued support of the League of Friends. It is a difficult time for some people, but the support has been continuous, and for this we are very appreciative. As you know all profits go to improve the comfort of the patients, so in a round about way we are helping ourselves."



Betty Burgess (centre) who made the draw in the Caterham Dene Hospital with Sister Bev Al Hilaly and League of Friends Committee members Kathy Dewiche (left) and Rita Rawson.

#### Old Coulsdon Camera Club

Old Coulsdon Camera Club are hosting a talk entitled: 'Air to Air Fast Jet Photography' by Geoffrey Lee on Tuesday 13th January for 8pm) at (7.45pm Cameron Hall, Canons Hill, Old Coulsdon. Entrance is £3 for visitors. The club Tuesday meets each evening and new members are welcome.

For more information visit oldcoulsdoncameraclub.or g.uk, see them on Facehook or contact lynda@oldcoulsdoncameracluborg.uk



'Eurasion Owl' taken at Paradise Nature Park by Mark Moser using an f2.8 macro lens set at f5 1/2500 sec at ISO 1250 to make sure the shutter speed was quick enough to freeze the flight.

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# Bairstow eves

#### Caterham - 01883 349114

9-11 Station Avenue Caterham CR3 6LB Email: caterham@bairstoweves.co.uk

#### Kenley - 020 8668 1000

3 Station Approach, Hayes Lane, Kenley CR8 5JD Email: kenley@bairstoweves.co.uk



£339,950



An extended, three bedroom, semi-detached house situated in a popular residential location. The property features extended ground floor accommodation and now benefits from a fitted kitchen breakfast room opening onto a fam-ily room overlooking the rear garden. Three bedrooms and a bathroom to the first floor.

#### **CHALDON BORDERS**



Shaated in a tuded away oul-de-ser, this three bedroom, semi detached family home offers a haddlornal layout with scope to extend and improve. The ground floor benefits from a 24 lawage direr that opens into a double glazed consensity that in hum opens to the garden. These is also a filled littlers with separate ear access. The first floor comprises hum double bedrooms and a single as well as a family bathroom.

#### CHALDON

£500,000



Situated in a semi rural location backing onto and with views of farmland, this detached chalet bungalow offers adaptable accommodation as wel as a large garden and parking. The property is currently arranged as two bedrooms with two separate reception rooms to the ground floor as well as a kitchen breakfast room and modern, refitted bathroom. To the first floor is a useful, double aspect, loft room with en-suite bathroom.

#### **CATERHAM**

£125,000

#### CATERHAM ON THE HILL



£275,000

£430.000



£149,950



Situated at the front of this conveniently located, purpose built development, this one-bedroom retirement flat benefits from direct access to the communal garders. The properly comprises one double bedroom with built-il neardrobes and a living room with door to the garders, as well as a cat flap. There is a fitted kitchen and bathroom as well as storage cupboards.

This three bedroom detached properly is located in a popular residential road. The properly bas been well maintained by the current owner and is both centrally heated and double-glazed. To the ground floor we have a lounge in excess of 23th x 18th, kitchen and clockroom. To the first floor are three double bedrooms and a family bathroom. The rear garden is fully enclosed with a patio adjoining the house and raised lawn.



This two bedroom, First Floor property features a double bedroom with built in wardnotes, a second bedroom, fitted litchen and badhroom as well as a lounge with bay window. The flod overlooks the communal gardens to both the floor and new and there is ample parking for residents and guests. Within the development are various facilities including a learndy, residents' conservatory and visiting house manager.

#### CATERHAM VALLEY





Stated in a public location down 19. Anth's Short offers describely gardons assumedation accomplane there from Thee is an elebed lithhed filter and upon pion family are and down leading In the gastes. This commonly is the hard of the town. In the yound from thee is a subfloor in perform must all filter norm consent you meet for one as a belown on such as shown count or withly morn. The first for assummation complete how dude bedroom, a single count and a efficied family bedroom in the log flow is a suffer double bedroom and down cross.

#### CATERHAM VALLEY



Situated in a modern, galed development only a few hundred yards from the town center and station, is this superb top floor perithouse style as, with a spacious 30 + open plan kitchen diring hing norm. The moster bedroom features double doors and a Juliette leatury as well as a dre-room and en-suite shower norm. The second double bedroom measures 1611 and there is a fittled bathroom. Galed parking and grounds.

KENLEY



Three bedroom semi detached bungalow located within a sought after location. Level plot, garage and OSP. No onward chain.



Five bedroom detached house in rural location adj to Kenley Common. Arranged over the tended to rear. Close proximity to Kenley Station. No onward chain.

#### WHYTFI FAFF



Spacious four bedroom extended semi detached house, located within a sought after resident with views. Two receptions, two bathrooms, OSP. Close proximity to two stations.

#### KENLEY



Five bedroom, two reception, three bathroom detached chalet bungalow with views over the close proximity to Kenley Station. Double garage and OSP.



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# MARTIN&CO



coming 26 January 2015



Kenley - £795pcm 1 bed upper ground floor flat close to train statio Good sized lounge with Juliet balcony. Allocated parking.

Available unfurnished.



Whyteleafe - £895pcm 2 bedroom ground floor flat in qu Close to train stations. Large lounge and spacious bedroo



Whyteleafe - £925pcm ly built 1 bedroom top floor flat with Juliet bald Close to two train stations. Allocated parking.



Kenley - £950pcm bathroom. On street parking. Private garden to the rear



Caterham Valley - £975pcm 2 double bedroom top floor flat.

Large lounge with balcony. Close to town centre shops and station. Garage. Available unfurnished



Caterham Valley - £1100pcm shops and station. Large, bright and spacious Garage and parking. Available unfurnished.



Caterham on the Hill - £1150pcm 2 bedroom 2 bathroom top floor flat in popular Village location Near to bus routes and amenities. Large living area Parking Available unfurnished



Tandridge - £1200pcm 2 bedroom 1st floor conversion apartment in quiet location 15 acres of stunning grounds/woodland.



Caterham Valley - £1450pcm 2 double bedroom 2 bathroom luxury apartment in convenient ocation close to town centre, shops and station. Modern kitcher and bathrooms. Allocated parking. Available unfurnished



Caterham Valley - £1450pcm 3 bedroom semi detached house. Large reception rooms. Long garden to rear of property. 2 double bedrooms, 1 single. Garage and driveway. Available unfurnished



4 bedroom house with large kitchen/dining room Large bedrooms. Level garden to rear of property and parking Available unfurnished.



Coulsdon - £1550pcm 3 bedroom semi detached house in quiet p fields near station. High spec and new throughout. Open plan lounge/dining room. Level garden to rear. Available unfurnished

Martin & Co Caterham 5 Godstone Road, Caterham, Surrey CR3 6RE

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MRS GRESSER, NOVEMBER 2014.



**DORMANS PARK** £2.000.000

Set in a highly desirable Dormans Park location, Pennethorne House is an impressive brand new home arranged over 3 floors This outstanding house provides versatile acco floor area of approximately 6.000 sq.ft. EPC TBC Caterham Office • 01883 347446



**CATERHAM** £725,000

A five bedroom family home set in a secluded and sought after location within close proximity of the popular Caterham School, offering around 2,500sq ft. EPC D. Caterham Office • 01883 347446



WHYTELEAFE £215,000

Offered with NO CHAIN is this top floor apartment with 2 allocated parking spaces, loft storage and a west facing balcony. minute walk to Whyteleafe South commuter railway station (London 45 mins approx), EPC D. Caterham Office • 01883 347446



HOOLEY £249.950

A very well presented two double bedroom split level apartment with open plan kitchen and living space, loft room with ensuite shower room, bathroom, further separate W.C., stunning bathroom, study and private rear garder Caterham Office • 01883 347446









### SALES AGREED IN SIMILAR PROPERTIES URGENTLY REQUIRED



WARLINGHAM £485,000

An extremely well presented 3 double bedroom detached bungalow with large double garage. Located in a sought after residential road within third mile of Upper Warlingham Train Station. Potential for loft conversion to create additional space. A particular feature of his attractive bungalow is the superb south facing level rear garden. EPC: E Warlingham Office • 01883 622258



SOUTH CROYDON

£365,000
This 1930's Detached Bungalow has been extended to provide well-proportioned accommodation with two double bedrooms, bathroom, lounge/dining room, lean to, and kitchen/breakfast room. Externally, there is an Attached Single Garage with Off Road Parking for 2-3 cars, a level south facing rear garden. Some up-dating required. NO ONWARD CHAIN. EPC: E Warlingham Office • 01883 622258



**KENLEY** £339,950

This well presented older style 3 bedroom detached house is set back from the road with ample off road parking to the front and spech, bankscaped, liered agrafen. Formal burupe with wood burning stope, separate divining own, tilchedwiding own and willilly room. For use-shower and separate family bathroom. Lozeld within 2 miles of Parley from Centre, Train stations at Kenley, Upper Walfingham & Purley provide good commuter links. EPC: D

Warlingham Office • 01883 622258



**WESTERHAM** 

£439,950

An Extremely Well Presented: & Refurbished 3 Bedroom Semi-Detached House conveniently situated within 250 yards of Westerham Town Centre. Benefits include: Superb Kilchen Breakfast Room with Integrated Appliances, Utility Room with College Departing Stowe in Lounge, High Specification Family Bathroom. Externally, gardens to front & rear and Off Road Parking accessed via the Grange, EPC: D Warlingham Office • 01883 622258

#### Residential Sales • Land & New Homes

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A unique opportunity to acquire a 3 double bedroom detached chalet style bungalow with well established law rear garden & raised timber decked 1st floor terrace offering stunning panoramic views across Caterham Valley situated in a highly sought after residential road. Viewing highly recommended. EPC Rating TBC UPC1498



An opportunity to acquire a unique detached split level property beautifully presented in an individual and contemporary style offering versatile accommodation and situated in the highly desirable Harestone Valley Area. Internal viewing is essential. EPC Rating E UPC1497



An attractive four bedroom detached residence offering stunning contemporary style accommodation situated on a well established plot within a highly sought after residential road and offered to the market with no onward chain. EPC Rating C UPC1431



An opportunity to acquire an attractive five bedroom detached residence occupying a beautifully maintained position with stunning panoramic views. Situated in a highly sought after residential road and offered to the m with no onward chain. EPC Rating D UPC1395



A three bedroom link detached family home with level front and rear gardens and driveway situated on the popular Hambledon Park development and offered to the market with no onward chain. EPC Rating D UPC1496



A well presented two bedroom terrace house with level front and rear gain a popular cul de sac location. Viewing highly recommended. EPC Rating D UPC



A rarely available three bedroom detached bungalow occupying a beautifully maintained level position with driveway and attached garage with views ove park land, well situated for Caterham Valley town centre. EPC Rating D

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