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## No. 136

July 2017

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## FREE

# Hundreds take part in Rainbow Run to support "A week for Elsie"

The second #teamelsie Rainbow Run took place at Caterham School on Sunday 21st May. 222 runners took part in the 2k and 5k Fun Runs to raise money for Shooting Star Chase Hospice. The hospice specialises in caring for disabled babies and children with life limiting conditions who are not expected to live past their 18th birthday. Gemma Causbrook, one of the organisers of the event, said: "It was a real family event with people running the 5k course but also parents and grandparents pushing children around the 2k route in pushchairs. Lots of people chose to dress up in bright colours and wigs and many took advantage of the free rainbow facepaint to get in the spirit of things."

A stall selling rainbow-themed merchandise helped towards

**Tupwood Gate** 

the event raising £2,000 for the hospice.

The event was in memory of Elsie Poole, who received care from the hospice before she sadly died in January 2013. The family are aiming to raise £161,000 which is the amount it costs the hospice to provide care for one week. They are therefore raising 'A Week for Elsie'.

To make a donation to A Week for Elsie, visit https://www.just giving.com/fundraising/ elsieviolet.

See page 18 for more photos from the event.



Some of the volunteers, from left: Liam Causbrook, Julie Perrina, Lyn Charlesworth, Robert Charlesworth, David Charlesworth, Jan Charlesworth, Anita Clarke, Michele Long, Claire Webber; Front row: Kieran Timlin, Rachel Oakes-Lofthouse, Jo Clarke.

## SEE OUR CLASSIFIED SECTION ON PAGE 21 FOR DETAILS OF TRADESPEOPLE IN YOUR AREA





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## St. Mary's **Church hosts Question Time** event

On Thursday 15th June, the Caterham Ouestion Time event took place at St. Marv's Church in Caterham. The event, designed to roughly emulate the format of the BBC Question Time programme, was organised by members of the Caterham Community Partnership ("CCP").

The idea of the event was to aive residents the opportunity to direct questions on topical local issues to community leaders and decision makers.

The panel members were the Leader of Tandridge District Council, Cllr. Martin Fisher; Mary Alston, the Chairman of the Caterham-on-the-Hill Flood Action Group: the newly-elected Surrey County Councillor for Caterham-on-the-Hill, Cllr. Chris Tandridge Botten; District Councillor for Caterham Harestone, Cllr. Michael Cooper and Chris Windridge, resident of Caterham Valley who was



The Question Time event in St. Mary's Church.

Chairman of CCP's predecessor, A Better Caterham.

About 75 people attended the event, who also had the opportunity to speak to the panellists before and after the question session.

Questions addressed to the panel by members of the audience during the lively one and a half hour session covered subjects of local interest including the situation regarding the derelict Rose & Young building, repair work to local drains in the aftermath of last year's floods, street lighting, youth facilities

and the future of the, now empty, Dormers retirement home in Foxon Lane.

The Caterham Community Partnership, whose projects have included the launch of the Caterham Festival and formation of the Soper Hall Group, would welcome new members. Please call the current Chairman, Julia Church, on 01883 346641 for more information.

CCP would like to say a big "thank you" to St. Mary's Church for their kind support of the event.

#### people who live and work in the CR3 area an additional few weeks to comment.

Neighbourhood

extended

**Plan Consultation** 

The consultation period for

the CR3 Draft Neighbourhood

Plan will now run until Satur-

day 29th July 2017, giving

A Neighbourhood Plan enables individual communities to produce their own planning policies to shape future development according to local needs. The CR3 Neighbourhood Plan has been created by the CR3 Forum and many local volunteers have worked extensively collecting

evidence, gathering public opinion and technical advice and drafting the document now open for consultation. A hard copy of the Plan can be viewed at Caterham Valley and Caterham-on-the-Hill libraries. In addition, the Plan can be viewed online at www.cr3forum.org.uk.

The CR3 Forum is keen to canvass opinion on the contents of the Plan from as many people who live and work in the CR3 area as possible and feedback can be emailed to cr3forum@gmail.com or comments can be sent by post to: CR3 Admin Officer, Salmons, Whyteleafe, Salmons Lane, Surrey CR3 0HB.



## INDEPENDEN

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## Sam Gyimah says "thank you" for his re-election as Tory MP for East Surrey

During the early hours of Friday 9th June, the results of the General Election count for the East Surrey Constituency were announced as follows:

Sam Gyimah, Conservative Party -35,310 votes; Hitesh Taylor, The Labour Party - 11,396 votes; David Lee, Liberal Democrats - 6,197 votes; Andy Parr, Independent -2,973 votes; Helena Windsor, United Kingdom Independence Party - 2,227 votes; Benedict Southworth, The Green Party - 1,100 votes. After the announcement of the result, Sam Gyimah MP made the following statement about his re-election: "Thanks to the people of East Surrey for re-electing me as your MP with an increased majority, increased share of the vote and the largest Conservative vote in the constituency since 1970. It really is a huge privilege to serve."



Sam Gyimah making his speech in de Stafford Sports Centre after being re-elected as Member of Parliament for East Surrey.



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## Parish council supports local organisations at Annual Parish Meeting

At the beginning of the Caterham Valley Parish Council Annual Meeting on Wednesday 31st May, the council presented cheques for £500 each to St. John's Church and The Breck Foundation. The donation to St. John's Church was for the replacement of failed gutters and downpipes on the north elevation and porch, as they are causing damage to the church and to replace pipes over the Vicar's vestry to stop damp getting in.

The donation to The Breck Foundation was to fund safety stickers, leaflets and merchandise to help raise awareness of keeping children safe when they are online.

Following the cheque presentations, Cllr. Jenny Gaffney welcomed everyone to the meeting and introduced the guest speaker, the Police and Crime Commissioner for Surrey, David Munro.

After thanking the councillors for inviting him to the meeting, Mr Munro went on



Caterham Valley Parish Councillors Peter Roberts (second from left) and Jenny Gaffney (far right) presenting the cheques to Noel Gibbins of St. John's Church and Rebecca Bush of The Breck Foundation.

to explain his role and objectives as the Police and Crime Commissioner for Surrey. During his talk, Mr. Munro said: "Rural crime is important to the people in Surrey and we also work with businesses to make the towns safe. During the last year, Caterham Valley has seen an overall reduction in crime by 18%."

Cllr. Gaffney followed Mr Munro's talk with a report of the work and achievements of the parish council during the course of the last year. A pdf of the full report can

be downloaded at http://bit.ly/2rKpjZC.



David Munro with Cllr. Jenny Gaffney.

## New date set for Compulsory Purchase Inquiry for former Rose and Young site

The Planning Inspectorate has set Tuesday 5th September as the new start date for the public inquiry into the Council's application to acquire the former Rose and Young site using a compulsory purchase order.

One of the Council's longstanding key objectives is to secure the redevelopment of the site. Due to the lack of redevelopment of the site for over 20 years, the Council backed compulsory purchase of the site to provide a restaurant with a hotel above. At the same time the owner of the site received planning permission for retail units with flats above. In April, the Council paused the Inquiry process as it had received information that the current owner of the site was close to selling it and wanted to allow some extra time for that to happen. This has not yet taken place and the Council has

asked for the Inquiry to go ahead.

If the inspector agrees, the Council can buy the site, which would be at market value. It would be passed on to CoPlan Estates Ltd, so work on the hotel scheme can start. This will provide a Premier Inn hotel, a Beefeater Restaurant and a further retail unit for Caterham. CoPlan Estates Ltd and the Council are also continuing to try to buy the site directly from the owner. CoPlan Estates Ltd is underwriting the Council's costs.

Leader of the Council, Councillor Martin Fisher, said: "We had asked for an earlier date for the Inquiry to be heard, but we're pleased the Planning Inspectorate has finally set a date, so this matter can be heard. We will continue to work with our partners and keep an eye on the position of the current owner in his efforts to sell the site."

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## Tandridge **District Council** elects new chairman for 2017-18

Tandridge District Council's Chairman for 2017-2018 is Councillor Gill Black. The previous Chairman, Councillor Pat Cannon, presented her with the ceremonial chain of office when she was elected at the Annual Council meeting on Thursday 25th May.

Also elected at the meeting was the Vice-Chairman of Council, Councillor the David Cooley, who represents the Warlingham West Ward

Councillor Black has lived in the district for 29 years and has represented the Bletchingley and Nutfield Ward since 2007. She has been the Chairman of the Planning Committee since 2010 and has also served on the Services, Community Overview and Scrutiny and Planning Policy Committees. Her chosen charity for the year is the Bletchingley Skills Centre, a charity founded in 1989 with the



Cllr. Gill Black and her husband and consort, Jeff.

goal of providing adult education classes for disabled and non-disabled people. Courses offered include numeracy, literacy, cookery, crafts and exercise. The courses help students become more independent and learn skills to enable them to seek employment. There are currently 70 student placements attending courses each week.

The Chairman, who is married with four sons, will be supported by her husband Jeff, who will be her Consort.

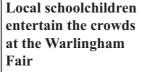
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Pupils from Warlingham Village Primary School put their best feet forward to give a lovely display to visitors arriving at Blanchman's Farm Nature Reserve on Saturday 17th June. The young dancers from Years 1 and 2 had been rehearsing hard for their show and the 30strong group got the day's events under way in the main arena.

The children did really well, despite the sweltering heat, and gave a lovely performance at the village's main event of the year. We are all very proud of them" said Mrs Sam Spence and Mrs Laura Boot, the Years 1 and 2 teachers.

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The French delegation and their hosts in the Community Centre.

#### delight.

Muriel and her learners will be returning to France next May to consolidate the exchange and progress talks of a possible town twinning. Muriel will be continuing to talk with members of Caterham-on-the-Hill Parish Council to see how a town twinning could help promote the areas, the learning of languages for people of all ages and abilities and also for local businesses wishing to develop links with France. For more information contact Muriel directly on her website at: www.learnfrenchclub.co.uk.



*Cllr. Chris Botten with Muriel Edwards.* 



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## VIP guests show their support for Caterham Dene Hospital

by Megan Gurr

On Friday 23rd June, the League of Friends and First Community Health and Care, hosted a tour of Caterham Dene Hospital for a group of influential people including Sam Gyimah MP; David Hodge CBE, the Leader of Surrey County Council; Cllr. Gill Black, the Chairman of Tandridge District Council plus local dignitaries and parish councillors. The afternoon was organised to highlight the variety of services provided by the hospital and to acknowlegde the great support provided by the League of Friends.

The Chief Nurse and Director of Clinical Standards, Liz Mouland, spoke about her pride in the services provided by the hospital, that include physiotherapy, speech and language therapy and the Minor Injuries Unit. However, she explained that local ambition is required for further improvements within the hospital.

David Hodge CBE said: "As a community, we have to do everything we can to enable more services to be available within the hospital."

Sam Gyimah MP expressed his



*Cllr. David Hodge (third from left) and other guests watch a demonstration of "This Is Me" interactive software that staff can customise to assist individual dementia patients with their memory and treatment. Photos by Megan Gurr.* 

support and admiration for the work of the hospital but acknowledged that bureaucracy can hold back delivering further services, which needs to be addressed.

Dr Vijaykumar, Chairman of East Surrey Clinical Commissioning Group, said: "The Dene requires a facelift to make it more accessible. Therefore we need to look after our community by investing in local healthcare."

At the end of the event, Jean Baker, the Chairman of the League of Friends of Caterham Dene Hospital, said: "The tour went very well, as we want to communicate the hospital's services to the community, and we will achieve that."



*Cllr. Gill Black and Sam Gyimah MP discuss the facilities and future of the hospital.* 



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## Diary of a Plantaholic

### by Sue Baines

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When the weather plays ball, the garden is just gorgeous. With a bit of luck and with the wind in the right direction, most of the hard work is done. We still have another couple of openings for garden groups in July and August, so no resting on our laurels. Everything is about maintenance this month, which is easy for me as I can't help but wander down the path to see what is in bloom. These visits can be a lengthy process. On my wanders I usually notice if a plant needs attention. Lots of pests visit the same plants each year, such as the Sawfly. In my garden they go for the Solomons Seal, Rose and Aruncus. The tiny caterpillars are barely visible, have a voracious appetite and in no time all that remains are skeletal leaves.

Pests are clever; they camouflage themselves amazingly well. I've had so much trouble with Lupin aphid, which are so large they look like new flower buds. We have had enormous numbers of



Sue Baines.

different varieties of ladybirds that have gone to the Lupins, but the aphids are almost the same size. Another pest that isn't obvious is the Verbascum caterpillar. It starts so small, sitting alongside the new buds in the same colouring. By the time the caterpillars are noticeable, the Verbascum isn't it has disappeared!

Of course, some visitors, such as Leaf Cutter bees, are a delight to have. There are plenty of leaves to go round, and we need the bees. I must say in my garden there have been lots more bees this year, definitely the best for five years or more. So far, it is not the same story for butterflies, which is another reason to keep on deadheading. It is not just me that loves the flowers, our pollinators do too.



This month, five questions on "In the Garden":

1. What is the popular name for the plant "digitalis"?

2. What is the liquid substance made by flowers to attract insects?

3. Which popular spring flower takes its name from the Turkish word for turban?

4. Who was said to be sitting under an apple tree when working out his theory of gravity?

5. What name is given to plants which flower every year?

#### Answers:

#### 1. Foxglove; 2. Nectar; 3. Tulip; 4. Isaac Newton; 5. Perennial.

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## A new start for Caterham Voluntary Car Scheme

On Thursday 1st June, East Surrey Rural Transport took over the running of the Caterham Car Scheme, which was previously run by the Caterham Volunteer Bureau. For users of the service, the only change will be a new telephone number – 01883 732791. Volunteers will continue to help run the service, with the same driver team.

Peter Damesick, Chairman of Tandridge Voluntary Service Council (TVSC), said: "Our dedicated volunteer team has provided a fantastic service to the Caterham and Warlingham community for more than 20 years. We are delighted to have secured a future for this popular service and we are contacting our clients to advise them of the changes".

Marcus Dodé, Chief Executive of East Surrey Rural Transport Partnership, said: "Our charity runs a number of community

transport services in the area, with support from Tandridge District Council. We are very happy to deliver the new North Tandridge Voluntary Car Scheme, making it easier for local people to find the best transport options by calling 01883 732791". The new service telephone lines will be open from 8.30am to 5.30pm, Monday to Friday. Trips can be booked 14 days in advance. East Surrey Rural Transport advises customers to please book early to ensure their journey is accepted.









## 10 July 2017 Caterham Festival Street Party Sunday 4th June

The High Street in Caterham-on-the-Hill was closed off for the Street Party that featured many stalls, games, children's entertainment and live music.

The afternoon ended with hundreds of people getting soaked in foam - all part of the Festival fun!



Knitters getting crafty outside Ida's House.





A youngster shows off her hoopla skills.



A lesson in bell ringing by local bell ringer, Noel Gibbins.



The Bubble Man provided hours of fun.



Children loved the Punch and Judy show.



A foamy finale to the Street Party. Photo by Simon Kelly.



Part of the Day Space art sale in the Raglan Precinct.



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## Caterham Food Festival Sunday 11th June

Food stalls from all over Europe descended on Croydon Road for the Food Festival on Sunday 11th June, bringing a truly Mediterranean flavour to the town centre! There were also stalls selling food produced locally, such as delicious cheeses, chutneys and ciders and a number of craft stalls.







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Liz Bonsall conducting the guided tour of the St.



On Friday 2nd June, St. Lawrence's Church hosted Julie Groves' and Ed Scolding's immersive sound art performance, "And so I met my Other's Other" where only the musician's silhouettes could be viewed by the intrigued audience.



Artist Adam Green and his screen print "Butler 3" at the Nave Gallery Exhibition in St. Lawrence's Church.



On Tuesday 20th June, local historian, Liz Bonsall, conducted a guided tour of the former burial ground for St. Lawrence's Hospital that

Lawrence's Burial Ground.

closed in 1994. Over 3,000 patients of St. Lawrence's Hospital were buried there since its consecration in 1915. The land is now owned by Chaldon Village Council who are maintaining the land as a wildlife haven, supported by the Downlands Countryside Management Project. Volunteers interested in helping with the maintenance work should please e-mail Liz at Liz points out a partially lizbonsall@aol.com.



concealed memorial.



"Heart 6" - a mixed media work by Jonathan Chequers.



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On Saturday 17th and Sunday 18th June, Sue Baines held her Garden Open event in Burntwood Lane, which raised £910 for the League of Friends of Caterham Dene Hospital.

Visitors could meet and chat with Sue and her husband Geoff and enjoy home-made cakes and tea or coffee in gorgeous sunshine.

Afterwards, Sue said: "It was great to have so much support and to see lots of old friends again. Everyone seemed to enjoy it!"





Members of NDCO performing in Church Walk, Caterham.

On Wednesday 21st June, members of the North Downs Community Orchestra ("NDCO") performed in Church Walk, Caterham, to encourage shoppers to try their hand at playing a musical instrument.

Later that day the orchestra performed in the United Reformed Church in Harestone Hill as part of "Make Music Day UK". The varied repertoire included a medley of tunes from Mary Poppins and a resounding rendition of "Land of Hope and Glory" which the audience sang along to.

The orchestra welcomes new members of any ability. For more information visit www.thefunorchestra.co.uk.



NDCO Conductor, Shona Fenion, encourages Jackie Holmes to try the violin.



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On Sunday 11th June, 45 men, women and children took part in the seventh annual "Waller Pain" cycle ride up Waller Lane in Caterham. The event, organised by Caterham Round Table, has become a popular highlight of the Caterham Festival, attracting not just local cyclists, but also riders from all across Surrey. Proceeds from the go to the Caterham event Round Table Charitable Trust. The photos show some of the intrepid riders

after completing their climb of Waller Lane. To view the results visit

http://caterhamroundtable. co.uk/waller-pain-results.







- Contraction of the second se

Chris and Nicky Chambers in "Recital".

On Saturday 3rd June, Another Way Theatre presented a one-act comedy by Christopher Owen entitled "Recital" at Caterham School.

The lively and very funny performance starred Chris and Nicky Chambers, supported by their daughter Rosie, Hope Cody and Katie Richards. The play centred on the plight of musical duo, Gillian and Trevor, trying desperately to find a last minute stand-in for their show due to Gillian suffering a sore throat. The storyline led up to a wonderful medley of songs showing the versatile talent of Chris and Nicky. For more information about per-



formances by Another Way Theatre, visit www.anotherwaytheatre.co.uk



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Team Elsie Rainbow Run Caterham School, Sunday 21st May.



Elsie's parents, Martin and Holly Poole,



Two girls running in their colourful rainbow outfits.



Hoards of runners setting off on the 2k Rainbow Run.



Flying the rainbow flags for Team Elsie.

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## Suspected arson attack damages lych gate at St. Luke's

At approximately 5am on Thursday 22nd June, firefighters were called to a fire at the lych gate of St. Luke's Church in Whyteleafe Hill, Whyteleafe, following a suspected arson attack. The lych gate, believed to be the same age as the 150year-old church, had been rethatched just 18 months ago, which probably saved the lych gate from much more extensive damage. A criminal investigation is now taking place.

Team Vicar at St. Luke's, Reverend Tim Goode, said: "The thatch was so compact it had no air pockets, which saved it from going up in flames. However, it all had to be removed by the firefighters to that they could reach the burning timber frame beneath. It is very sad because the lych gate provides the welcome to the consecrated ground of the church, so it will be repaired as soon as possible. Nobody was hurt, thank God, but it is upsetting that it seems there are people out there willing to do something like this."

Inspector Dan Gutierrez from

The St. Luke's lych gate after the fire.

Tandridge Neighbourhood Team said: "Police are investigating a fire believed to have been started deliberately. We have attended and have seized items which will be forensically checked. This sort of behaviour is totally unacceptable and we won't tolerate it in the borough. We need to find whoever was responsible for this incident which is why we are appealing to anyone with information to get in touch." Were you in the area at the time? Did you see anybody acting suspiciously? Please call 101 or Crimestoppers can be contacted on 0800 555 111.



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equipment starts failing, replacing it can be costly and not comprehensive repair service. Their workshop has all the If you treat yourself to a new



The team at BCSS took out all audio from the Audi TT and replaced it with an alpine 8" touchscreen X801D-U, replaced the oem door speakers with a set of prima 8" mid-bass 4" mids and the dash tweeters. They used a Hertz hcp 5 five channel amplifier and for the bass they boxed in the back behind the seats and put in a set of 8" Hertz subs. Once it was all set up it gave a amazing sound and no space was

latest testing kit that allows When a piece of car audio their qualified engineers to diagnose and repair your equipment and get it working again always necessary. BCSS offer a to the manufacturers' original specification.

car audio system, BCSS also specialise in security systems to protect your car and the sound system inside - see advert below for more information or call the team on 0208 645 0655.



To advertise your business in the August edition of The Caterham and District Independent and The Warlingham and **District Independent** call Jenny on 01883 346641 or e-mail jenny@caterham -independent.co.uk



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Approved Installer of SmarTrack Thatcham Accredited Stolen Vehicle Tacking systems

Van break-ins and tool theft are definitely on the rise in general, but a higher level of destruction attacks are on the rise too.

Something that most of us know is that pretty much all make and model vans are really easy for thieve's to break in quickly and easily without much noise being created. Some seem to be more prone to attack than others, as their

particular Achilles heel may be more well know than other makes. For instance, there is the very well-known method of at-tack to the Ford Transit with the lock tibbe picking key. However, most makes and models have their own specific weakness and the knowledge of break in methods across the country is increasing all the time.

The most brutal of all attacks seems to be where a thief will cut a hole with a can opener that is big enough for them to climb into the side or roof of your van, empty the contents out of the hole and then climb back out again.

One new trend is the door folding attacks. This is when two or three people pull the top of the door out and hang off of it until it gives way, then fold it downwards (peel and steal attack) This means that they can look and climb straight into the back of the van and often any alarm system fitted (unless it has load area detectors), doesn't even know that it has been attacked and stays silent. This method leaves a lot of damage so is a very destructive attack

You can secure your van and we will help you, but there are pro-fessional thieves that will stop at nothing to get into your van, and if they are willing to go to an extreme high level of

destruction to get in then it will be impossible to stop them However, we will work with you, your needs and your budget to do all that we can to give you practical security advice.

What Is Portector/How does it work? Portector® is an innovative hardware solution which permanently integrates into the vehicle without the need to cut into the wiring, designed specifically to protect a vehicles OBD port

It works by stopping the information travelling to the OBD port and therefore prevents a thief from accessing it, effectively closing the OBD port whilst Portector® is armed.

#### Permanent protection against unauthorised communication to the OBD port

Once installed, the system is permanently armed and is provided with two short range transponder OBD port authorisation cards which are registered to the owner. When authorised access is required to the vehicle's diagnostic system, for example when the vehicle is going in for servicing, just present the technician with a card.





Van break in and tool

lemic?

186-188 Brighton Road, Coulsdon, Surrey CR5 2NF Tel: 020 8645 0655 E-mail: info@briancarsounds.com www.briancarsounds.com



# Going running this summer?

The Caterham Rotary Half Marathon and 10k is taking place on Sunday 23rd July, starting and finishing at Redhill Aerodrome. In preparation for the event, here are ten top tips for runners from Mr Bobby S. Anand, Consultant Orthopaedic Surgeon and specialist in Knee Surgeory and Sports Injuries at Ashtead and North Downs Hospitals.

**1. Stay Active.** It is vital to keep the muscles around your knee strong. One of the best exercises is cycling, as this helps strengthen the muscles around the knee without causing too much impact on the knee joint.

2. Control your weight. Carrying surplus weight puts a lot of extra stress on your knee joint. Swimming is a great exercise to help lose weight as it does not place any strain on joints.

**3. Diet.** A healthy, balanced diet helps with your weight and is likely to contain higher levels of nutrients that help your body restore its natural defences.

**4. Footwear.** It is worth investing in good quality trainers for running and having the shape of your foot assessed by a sports store specialist to ensure you are buying the correct trainers for your feet.

**5. Posture.** By maintaining a good posture, your muscles and skeletal system work to-

getner and put less strain on your joints. Poor posture often leads to back pain, which can set off problems in the hip and the knee.

6. Warm up and cool down. It is very important to warm up the body before going out running or doing any form of exercise. The type of warm up needs to be specific for the activity planned and should take five to ten minutes.

7. Change your exercise programme. It is important to vary exercises undertaken by not only changing the muscle groups that are used from day to day but also to change the type of exercise that each muscle group has to do.

8. Don't ignore pain or swelling. Swelling is the body's way of telling you that something is not right. If swelling is persistent or occurs on a regular basis you should get this checked out by a specialist.

**9. Rest**. Simple things like regular sleep, drinking 3 litres of water a day and making time for to relax can have a very positive effect on your joints and long-term wellbeing.

10. Work/life balance. Ensuring you get a balance between work and life helps control stress levels and feelings of happiness. This also has a biological effect on your body, affecting your body's ability to heal and allows muscles to relax.

For more information about the Rotary Half Marathon visit www.caterhamhalf.co.uk.

## Local Trust wins national award for community projects

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info@cloudbookkeeper.co.uk

On Wednesday 17th May, staff members from local leisure providers, Tandridge Trust, ventured to Sheffield for the Sporta UK Awards 2017. The trip north was a great success as they came away as winners of the Community Impact Through Combined Culture and Leisure Award.

The Sporta UK Awards, now in their second year, recognise the work of leisure and cultural trusts across the country. Over 120 trusts were considered for nomination. Tandridge Trust were not only winners in one category but runners-up for the Engaging Inactive People Award.

The Trust was particularly noted for the theatre work they produce through Theatre Exchange for schools, young children and families throughout the South East. For the creative play projects they have led in venues such as Sure Start centres and libraries across Surrey. And more locally to Tandridge, the



to bootsopticianscaterham15@gmail.com

by Friday 21st July.

01883 337645

Photo L to R: Tandridge Trust: Mark Symons, Katy Potter, Chris Cole, Rose Blackley and Debbi Moore from Big Wave Media, the award sponsors.

community choirs which have now been established in Bletchingley, Caterham, Lingfield and Oxted, the latter two for those suffering with Dementia.

Katy Potter, Head of Culture and Partnerships said "We are thrilled and wonderfully surprised to be winners of this award. The competition was very high and from much bigger organisations than ours. I couldn't be prouder!"

Tandridge Trust, who manage Tandridge Leisure Centre, de Stafford Sports Centre and The Village Health Club, have a small dedicated development team based in Oxted. The team work closely with partner bodies such as local authorities, schools, health teams and early years services to offer a broad mix of arts and sports opportunities to local residents. The team have attracted external funds of close to £100,000 from National Lottery, trusts and foundations for community projects in the past year. For more info: arts@tandridgetrust.co.uk



The Caterham & District Horticultural Society Summer Show is taking place at 2.30pm on Saturday 8th July at Hillcroft

For more information visit

http://caterhamdistricthorticulturalsoc.weebly.com or call the Show Secretary on

"A Night at the Opera" on Saturday 8th July, featuring favourite opera choruses including Verdi's Chorus of the keep of the ancient church.

#### Photograph exhibition

The Old Coulsdon Camera Club's Annual Exhibition is Old Coulsdon on Saturday 29th July from 11am-5pm and Sunday 30th July from 11am-4pm. All are welcome to see a great selection of photos. Refreshments available. Free

The next Munch with Music will St John's Church, Clareville Road, Caterham Valley. There Wakana Gong (soprano) and Han-sae Jang (piano) includby Schubert. sion is free. Tea and coffee will be served from 12.15pm and the performance will be from 12.45-1.30pm. Please bring

gin.net or to make a donation visit Fundraise.cancerresearchuk.org/page/julietsfundraising-page-10





## 3D Optical Coherence Tomography at North Downs Hospital

North Downs Hospital's ophthalmology team are delighted to announce the arrival 3D Optical Coherence Tomography, an advanced eye scan for people of all ages. It is similar to ultrasound but uses light rather than sound waves to image the different layers that make up the structures at the front and the back of the eye. The machine captures both a photograph and a cross-sectional scan of the eye at the same time.

The benefits are obvious, with the scans giving our consultants more information than ever before on the health of our patients' eyes. Our consultants will take both a digital and three dimensional cross sectional scan of the back of the eye in one sitting. This allows both instant and early diagnosis of a number of common ocular conditions.

For further information please call 01883 348981. www.northdownshospital.co.uk

## Rayners make a big splash at sponsored Swimathon

Ravners Estate Agents, J.J. Browne & Son Jewellers and Crystal Carpets were the official sponsors of this year's Swimathon, which was organised by Caterham, Oxted Godstone and Lions ("COGS"). Six teams took part in the event that took place in May at de Stafford Sports Centre in Caterham. Each team were given 25 minutes to swim as many lengths as possible and the Ravners team (pictured below) recorded the highest number of lengths at 52, with

1st Caterham Scouts, COGS A Team and the Pond Loaches all recording 41 lengths. COGS B Team swam 38 and Bletchingley Skills Centre a heroic completed 20 Over £800 was lengths. raised, with half the money donated to each team's choice of charitable organisation and the other half to Lions charities, Suzie Viner, the branch manager at Rayners in Caterham, was delighted with the event and said afterwards: "It was great fun to be part of such a well organised community event. Well done to all the swimmers, sponsors, de Stafford for the use of the pool and facilities and to COGS for organising the Swimathon."



The Rayners team, from left: Chrissie Thompson, Suzie Viner, Emma Gottelier, Sophie Hibberd and Emily Hibberd with Beau Braimoh at the front.

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July 2017



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An opportunity to acquire an attractive four bedroom detached family home with impressive kitchen/dining room and well established large level rear garden situated in a highly sought after residential road in the popular village of Kenley. EPC Rating E. UPC2025



**Caterham Hill** An attractive four double bedroom detached house occupying a beautifully maintained well established level positior with driveway and garage situated in a highly sought after residential road. EPC Rating E. UPC2026 Kenley

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A larger than average five bedroom semi detached town house with double driveway accessed via secure electric double gates situated on a popular residential road. Viewing highly recommended. EPC Rating C. UPC2013



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